

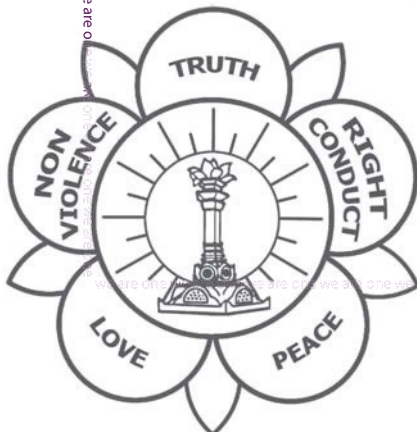
we are one we are one we are one we are one

**We are one we are one we are one we are one we are one we are one we are one we are one**

we are one we are one we are one we are one we are one



we are one we are one

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## “The Power of Being” – Sathya Sai European Youth Conference 2010

During the weekend of Easter, a long-awaited event took place in the beautiful property of *Mother Sai* in Italy: the Sai European Youth Conference 2010. The EYC, which brought together youth from both Zones 6 (Southern Europe) and Zone 7 (Northern Europe), was the last in the series of zonal youth conferences held all over the world in preparation for Swami’s 85<sup>th</sup> Birthday this year. Around 200 young adults from 21 countries all over Europe attended the meeting entitled “The Power of Being” – a mind-shifting two-and-a-half-days quest of looking backward, looking forward and deeply looking inside.

After reaching *Mother Sai House* in Divignano (close to Milan), European unity in diversity could be experienced straight from the start. The colorful and touching opening ceremony on Friday evening began with a flag march during which representatives of the individual countries came on stage with their flag, accompanied by a one-minute power point presentation displaying culture, music, outstanding personalities and of course Sai youth in the country. Each country had sculptured an individual heart which was then offered at the altar of Swami. Following a beautiful dance performance, the spiritual awakening of the youth towards realizing the vision and mission of their life was symbolized in a drama which ended with the recital of the *Asato Ma* prayer. The conference was declared opened!



*Shitu Chudasama,  
International Youth Coordinator,  
speaking at the EYC2010*

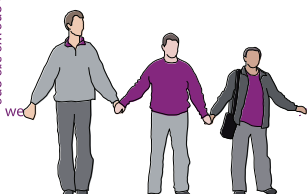
On Saturday morning, the program started with welcome remarks and speeches on the theme of the conference. One of the speakers was Shitu Chudasama, our International Youth Coordinator, who had traveled from Great Britain to participate in the EYC. Everyone was spellbound by his one-hour speech on Saturday morning, in which he underlined the immense importance spiritual transformation has not only for us, but for entire humanity. The time to start this transformation is not in the distant future, but now, in the year 2010. We are all chosen by Swami to be co-creators of a new spiritual order. With many practical examples and stories of his own experiences, Shitu emphasized the importance to know Swami and His teachings and to truly practice them in our lives. *Be the change you want to see in the world.*

During the conference's workshops, many participants surely had powerful moments of self-insight, for example when filling in their *Divine Journey Admission Ticket* during Saturday. Here, everyone was invited into a process of discovering and realizing the true vision and mission of their own life. What are our strengths, our own resources and talents, and where can we make a difference in serving society? What is it we feel we can give? Assuming that we are fully conscious of our own divinity and we have all skills and resources needed to make our vision a reality – what would we then do with our life? What is our life's purpose, that we deeply within feel we have to realize before we can ultimately leave this planet? The process of diving into these questions and the answers that came were truly powerful and also laid the basis for following workshops.



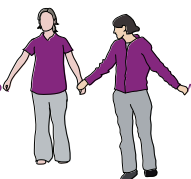
Workshop at the European Youth Conference

After the individual work on vision and mission, workshops continued with thematic sub-groups on Sunday and Monday, discussing how different aspects and projects within the Sai Organization can be strengthened and further developed. Youth could choose the group which matched their own background most closely. Amongst the themes discussed were the youth project *Love All Serve All*, healthcare camps, leadership training, service and Sai challenges, communication and networking, as well as environmental care. From these group workshops several teams emerged which now after the conference continue to work together on a European level in order to realize and support concrete projects.



Workshops were just one aspect of the program. Other elements included presentations of youth activities in all participating countries; an evening program by students of the Sathya Sai University with many touching stories of personal experiences with the Avatar; an active morning with value-oriented games; and a variety of beautiful theatrical and musical performances. A highlight surely was the *Love All Serve All* evening: the countries which have initiated activities in the context of the LASA project were presenting their achievements and afterwards came together on stage to give a beautiful concert with many of the infectious project songs.

When the conference came to its close, what was left was a powerful atmosphere of unity, of enthusiasm, and of an urge to do our part of bringing Swami's mission



*LASA in action! - International LASA band performing at the EYC2010*

in Europe forward. Since the conference, youth all over Europe have continued with much new energy to work on the ideas initiated in Divignano. Various countries already held regional or national follow-up youth meetings after the EYC to see how they can turn the new inspirations into national or local projects. In particular the *Love All Serve All* project has received wonderful new energy since the EYC, and new LASA project groups have been formed in countries such as Germany and France. You'll read more about the current developments in this and other projects in the August edition of our new European youth magazine.

After the experiences of the EYC, it is now truly up to us to carry on the message of the conference and to trust Swami that the incredible will happen when we believe in our true Power of Being. Thank you Swami for this gift of inspiration!

*Mathias and Tina Seitel*

**We are one we are one we are one we are one we are one we are one we are one we are one we are one**

we are one we are on

we are on

we are on



we are on

## “We are one” – 1<sup>st</sup> Region 73 Meeting

We are one – the motto of the first meeting of the countries in Region 73 tells everything that we experienced and felt during this long weekend in Gdansk. This was a meeting for Sai devotees from Poland, Estonia, Lithuania, Latvia and Finland. It was beautiful to experience unity not only between the countries but also between the generations: children, youth and adults. The program of the meeting contained many different activities: bhajan sessions, inspiring presentations, workshops, artistic programs and dances. There was also time and space for long walks on the beach, enjoying the sun, sharing the happiness of being together and exciting night conversations with ice cream. ☺ Lots of laughs and spontaneous actions – these are the words that can best describe the character of the meeting. It was incredible how easily we could share divine love and the feeling of oneness. Thank you dear Swami.

*Marta Dobosz, NYC Poland*

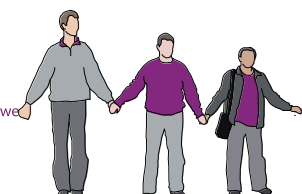


*Youth participants at Region 73 meeting in Gdansk*

It was a joy to spend these moments together, experience the energy and enthusiasm which is so inspirational! I was very happy about participating in this event, and I saw how wonderful people are there – outgoing, deep, friendly etc. And that inspired me!

I think that to live nowadays, is something very special. Something really great is happening on the planet Earth at this very moment. In this context there should be possibilities and canals meant for youth to realize the truth of this moment, in order to experience the real “I” also in our everyday life. Regarding Estonia, the organisation should establish the possibilities to work out the dreams of the inner realm of the youth, the “God Within Generation”. There are many young people in Estonia who experience this inner truth but they can’t see these values in their daily life. They need to be encouraged, supported and provided with possibilities to express this urgent inner need to be Human beings – to serve, to live according to the inner truth, to make real the deepest aspect of self fulfilment.

*Kaido from Estonia*







*Dutch Youth at the EYC2010 - big smiling time :-)*

## Dutch Youth activities

After participating in the European Youth Conference, we tried to get answers on the following questions during our youth meeting on the first of May: In what way are the youth involved in the Dutch Sai Organization? In what way could we work together with the "senior youth" (elders), and how do we form a unity with them? What do we, youth, want to achieve from April till Swami's birthday in November?

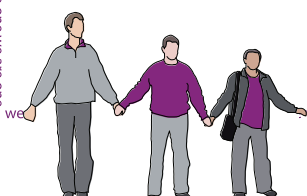
On that day, we decided that we would like to focus on seva activities in which youth and senior youth will work together. We realized that this can be achieved in three ways:

- The youth will participate in existing projects which are being executed by the Sai centers and groups
- The youth will organize a seva project. The youth will ask the "senior youth" if they would like to join the project.
- The youth and senior youth could think about and eventually implement new projects together

Which concrete actions are taking place right now? We talked to our national chairman about our ideas. In 2011 the Dutch Sai Organization will organize a Social Camp in the Netherlands. The Youth will participate in this project. Also, the youth would like to do seva for the members of our groups and centers. We will contact them and ask them if we can help in any way. All youth who would like to join us will ask the members of their group or center if we can join them or support them regarding the seva project they execute. Furthermore, every youth will check in his/her neighbourhood or city which seva projects could be found.

For the second half of the year, national youth meetings are planned for July, October and December. In July, we will make concrete decisions about seva activities by which of the youth can participate in the SSO and work together with the senior youth. The youth will also take active part in the celebration of Swami's birthday with performance of a drama play in relation to the theme *Light and Peace*.

*With Sai Love,  
Dutch Sai Youth*



On the 17th of April, we organised a youth meeting in which we shared our experiences about the EYC with the other youth, and showed photos and video recordings to them. As the experience was still fresh we felt very enthusiastic. The meeting was planned to be continued with an activity game, but as we were only few, we put into action plan „B“, which was watching a movie with a spiritual message and doing a study circle on this topic. However, despite our plans, we couldn't



*Hungarian Peace Pilgrimage -  
preparing food for homeless people*

realize the study circle, as some of the participants had to leave. As we know, Swami is the Director, so this incident might suggest that regarding the program of future youth meetings, we should take a different direction. Swami shows us the way and through this helps us to learn not to stick to the results. All we have to do is just accomplish our tasks as good as possible.

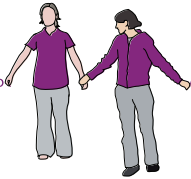
*Ilona Ács, NYC Hungary*

## Germany

### National Youth Meeting “Love All Serve All”

After returning home from the EYC, in Germany we had the feeling that we should bring the youth together in a meeting for sharing the inspiration and ideas from the EYC, and plan concrete next steps in our country. So three weeks later 15 youth from all over the country came together in “Stilles Haus” in the middle of Germany.

The outcome was amazing. During this meeting we established three local LASA



project groups in different cities. These groups now work in creative ways under the motto of “Love All Serve All”, with the goal to bring human values into different parts of society by means of music, art and service.

Since then, the three groups started to meet once or twice a month. Two groups are working on catchy value messages which they intend to print on post-cards and stickers, and distribute these on various occasions. The third group started working on a music band for bringing value songs into society.

### Pentecost Festival “Music, Motion, Sound”

On the weekend of Pentecost, a regional retreat took place in Stenwede in Northern Germany. This traditional retreat includes camping, workshops, dancing around the maypole, a campfire and singing. This year’s theme was “Be happy: festival of music, motion, sound”. Out of about 110 participants, 23 were youth. They were leading workshops, baking cakes and helping with the overall organisation. There was also a youth workshop on LASA to spread the idea about the project.

*Tina Seitel, NYC Germany*



*German youth paying attention to a presentation on LASA*

## Austria

Sai Ram dear Sai sisters and Sai brothers,

In the town Graz there is a small Sathya Sai group, which currently consists of two seniors, five young adults, two children and one little child. The youth wing of the group has been inactive for a long time because of poor participation, but we kept it alive as a sign that we are here. Now suddenly two young Indians and a young family from Russia appeared. These devotees are not just one-time visitors, you can see that their interest is coming from their hearts. Two of them instantly became members of the Sai Organisation in agreement with the Code of Conduct and the ten guiding principles. This made me and our group really happy, because it gives certainty for our activities when young adults commit themselves for the Sathya Sai Organization with a YES. And so it is. I don't need to cancel a planned Seva activity because I'm alone. I can fully rely on them. In their eyes Swami's message is sparkling: «Helping hands are better than praying lips.» Now, our 87 years old

organic farmer can every month look forward to receive active assistance. The message already gets about the neighborhood and in this way creates a nice picture of this service. Love in Action! Sai Ram,

*Christoph Stertak, Youth Coordinator Graz, Austria*



*The Austrian youth in action together with the organic farmer*



We dedicate this newsletter with love and gratitude to our dearest teacher and friend, Sri Sathya Sai Baba. May His lamp of love ever continue to lead us on our path of unity!

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